

LEVEL 10:

MEVIN  
GATE

Maududo  
Federation

Tenth Level Maududo:

Title: The Meijin Gate

Definition: Meijin \ may jeen \ " expert, " one who has mastered an art far beyond the boundaries or physical prowess. One becomes Meijin only after experiencing infinitive painstaking discipline.

Gate \ An opening for passage

Concept: Martial Art & Martial Science

Challenges:

Goals: notebooks, written papers, build library

After passing through the first Nine Levels, the student arrives at The Meijin Gate. From here on out the challenge is to become Meijin or " expert " at each of the Nine Levels. You will go deeper into Martial concepts which were previously introduced as preparatory and introductory levels of training. Now, you begin to look at not only Martial Arts, but at Martial Science.

As you begin learning at this Level think of yourself standing at that opening for passage. Think of all the new skills you learned by progressing this far in your Maududo training. Now, multiply that by a hundred and you begin to see where you're headed.

The Meijin Gate is an extension of Three Circles. We are dealing with the Art and Science of where, when, how, what and why to use the various tools for Striking. Concepts such as Simultaneous Vital Strikes, Slow Hitting, Blows , Deep Combinations, and Equalization Training are features of this Level.

Physical training is broken down into three phases: Form phase, First Fourteen phase and Final Nine phase. A test is given at the completion of each phase. Passing the form phase is required before starting First Fourteen phase, etc. Each of the three phases should be completed in four months for a total of one year at this Level. Average number of classes is twice per week or one hundred hours. This does not include home or unsupervised training unless you are under ATP Supervision.

The Mental aspect of The Meijin Gate involves pattern recognition, anatomically correct terminology, enhanced visualization, phylosophy and reasoning. A written paper describing your understanding of the concept " Meijin " is required at the end of each phase for a total of three papers. These will be made part of a library and reference collection.

The Spiritual aspect involves continued cultivation of all previously studied Qualities, living the Student Creed, Meditation and Chi Development.

Once learned, the Maududo System is designed as an integrated workout. To experience the effects of this unique method of training begin your form at Level One an put complete, concentrated, effort and emotion into each technique through Level Eight. At Level Nine perform five repetitions of each Red Hand segment while you regulate your breathing. Hold one minute of standing meditation, then begin the Tenth Level with even greater focus and intensity. End by completing ten repetitions of Red Hand, regulate your breathing, and hold the standing meditation.

# The Meijin Gate

	Technique	Application
1	LT Inside Out Palm / Knee Strike .....	1
2	RT Palm BLK / LT Inverted Side Kick .....	2
3	LT / RT Rolling Punch	
4	RT Hammer Fist / RT Stomp Kick .....	3
5	LT Overhand Elbow	
6	LT (over) Vee Punch ( kihap) .....	4
7	RT Knee Thrust	
8	LT Front Kick	
9	Ear Clap	
10	Twin Circle Blocks .....	5
11	Double Palm Block	
12	Hair Grab / Knife Hand / Knee Kick	
13	RT Inward Weave / RT Elbow .....	6
14	LT Palm Strike	
15	RT Wrist Strike	
16	LT Knife Hand	
17	RT Upset Knife Hand	
18	RT Knife Hand	
19	LT Circle Block .....	7
20	LT Knife Hand Block	
21	RT Round Kick	
22	LT Front Kick	
23	LT Side Kick	
24	RT Inner Crescent Kick	
25	LT Reverse Hook Kick	
26	LT Inward Weave / LT Elbow .....	8
27	RT Palm Strike	
28	LT Wrist Strike	
29	RT Knife Hand	
30	LT Upset Knife Hand	
31	LT Knife Hand	
32	RT Circle Block .....	9
33	RT Knife Hand Block	
34	LT Round Kick	
35	RT Front Kick	
36	RT Side Kick	
37	LT Inner Crescent Kick	
38	RT Reverse Hook Kick	
39	RT (over) Vee Punch ( kihap) .....	10
40	LT Knee Thrust	
41	RT Front Kick	
42	Ear Clap	

43	Twin Circle Blocks .....	11
44	Double Palm Block	
45	Hair Grab / Knife Hand / Knee Kick	
46	RT Palm / Knee Strike	
47	RT Inside Out Palm / RT Knee Strike .....	12
48	LT Palm BLK / RT Inverted Side Kick .....	13
49	RT / LT Rolling Punch	
50	LT Hammer Fist / LT Stomp Kick .....	14
51	RT Overhand Elbow	
52	RT Crossed Hands Block .....	15
53	RT Back Fist	
54	LT Palm Strike	
55	RT Hook	
56	RT Front Kick	
57	RT Rear Elbow	
58	RT Hammer Fist	
59	RT Forearm Strike	
60	LT Red Palm Strike	
61	RT Hammer Fist	
62	LT Side Kick / RT Back Fist .....	16
63	RT Side Kick / LT Hammer Fist	
64	RT Elbow Intercept .....	17
65	LT Elbow	
66	RT Elbow	
67	LT Elbow	
68	Twin Horizontal Elbows .....	18
69	LT Knife Hand	
70	RT Palm / Knee Strikes / Shin Rake	
71	LT Lunging Knee Strike	
72	LT Crossed Hands Block .....	19
73	LT Back Fist	
74	RT Palm Strike	
75	LT Hook	
76	LT Front Kick	
77	LT Rear Elbow	
78	LT Hammer Fist	
79	LT Forearm Strike	
80	RT Red Palm Strike	
81	LT Hammer Fist	
82	RT Side Kick / LT Back Fist .....	20
83	LT Side Kick / RT Hammer Fist	
84	LT Elbow Intercept .....	21
85	RT Elbow	
86	LT Elbow	
87	RT Elbow	

88	Twin Horizontal Elbows .....	22
89	RT Knife Hand	
90	LT Palm / Knee Strikes / Shin Rake	
91	RT Lunging Knee Strike	
92	LT / RT Weave .....	23
93	RT / LT Weave	
94	LT / RT Weave	
95	RT Hammer Fist	
96	LT Knuckle Fist	
97	RT Long Fist	
98	Two Finger Strike	
99	RT Palm Strike	
100	LT 3/4 Punch	
101	RT Hook	
102	LT Rolling Hammer Fist	
103	RT Arc Hand Strike	
104	LT Two Finger Spear	
105	RT Hammer Fist	
106	LT Verticle Punch	
107	RT Upset Punch	
108	Twin Thumb Strike	
109	RT Spear Hand	
110	LT 3/4 Punch	
111	RT Groin Grab (kihap)	
112	Twin Knife Hands	

## The Meijin Gate

Movement # :

Application #:

1 LT Inside Out Palm / Knee Strike .....A1

Attacker: RT Reverse Punch - Face  
Defender: LT Inward Palm BLK - RT Hand  
Attacker: LT Punch - Face  
Defender: RT Parry - LT Hand  
LT Palm Heel - Septal Cartilage  
LT Knee - Groin

2 RT Palm BLk / LT Inverted Side Kick .....B1

3 LT / RT Rolling Punch

Attacker: LT Reverse Punch - Face  
Defender: RT Palm BLK - LT Hand  
LT Inverted Side Kick - LT Knee  
LT / RT Rolling Punch - LT Temporomandibular Joint

4 RT Hammer Fist / Rt Stomp Kick .....C1

5 LT Overhand Elbow

Attacker: Grabs RT Shoulder With RT Hand  
Defender: RT Hammer Fist - RT Clavicle Bone  
RT Stomp Kick - RT Tarsus  
LT Overhand Elbow - Suprasternal Notch

6 LT Vee Punch ..... D1

7 RT Knee Thrust

8 LT Front Kick

9 Ear Clap

Attacker: Advances Head On Without Caution  
Defender: LT Hand - Tip Of The Mandible  
RT Hand - Lower Abdominal Area  
RT Knee Thrust - Solar Plexus  
LT Front Kick - Ribs  
Ear Clap - Ears

10 Twin Circle Block .....E1

11 Double Palm Block

12 RT Hair Grab / LT Knife Hand / RT Knee Kick

Attacker: Extends Both Arms To Push Defenders Shoulders  
Defender: Twin Circle Block - Arms  
Double Palm Block - LT Knee  
RT Hair Grab - Top Of The Scalp  
LT Knife Hand - Anterior Neck Region  
RT Knee Kick - Coccyx

- 13 RT / LT Weave / RT Elbow .....F1
- 14 LT Palm Strike
- 15 RT Wrist Strike
- 16 LT Knife Hand
- 17 RT Upset Knife Hand
- 18 RT Knife Hand

Attacker: RT Punch - Face  
 Defender: RT / LT Weave - RT Punch  
           RT Elbow - Sternum  
           LT Palm Strike - Anterior Nasal Spine  
           RT Wrist Strike - LT Temple  
           LT Knife Hand - LT Sternocleidomastoid Region  
           RT Upset Knife Hand - LT Trapezius Muscle  
           RT Knife Hand - RT Medial Meniscus

- 19 LT Circle Block .....G1
- 20 LT Knife Hand Block
- 21 RT Round Kick
- 22 LT Front Heel Kick
- 23 LT Side Kick
- 24 RT Inner Crescent Kick
- 25 LT Reverse Hook Kick

Attacker: LT Front Kick - Solar Plexus  
 Defender: LT Circle Block - LT Foot  
 Attacker: RT Reverse Side Kick - Ribs  
 Defender: LT Knife Hand Block - RT Foot  
           RT Round Kick - RT Vastus Medialis  
           LT Front Heel Kick - LT Rectus Femoris  
           LT Side Kick - RT Fibular Collateral Ligament  
           RT Inner Crescent Kick - LT Temporomandibular Joint  
           LT Reverse Hook Kick - Base Of The Cranium

- 26 LT / RT Weave / LT Elbow .....F2
- 27 RT Palm Strike
- 28 LT Wrist Strike
- 29 RT Knife Hand
- 30 LT Upset Knife Hand
- 31 LT Knife Hand

Attacker: LT Punch - Face  
 Defender: LT / RT Weave - LT Punch  
           LT Elbow - Sternum  
           RT Palm Strike - Anterior Nasal Spine  
           LT Wrist Strike - RT Temple  
           RT Knife Hand - RT Sternocleidomastoid Region  
           LT Upset Knife Hand - RT Trapezius Muscle  
           LT Knife Hand - LT Lateral Meniscus

- 32 RT Circle Block ..... G2
- 33 RT Knife Hand Block
- 34 LT Round Kick
- 35 RT Front Kick
- 36 RT Side Kick
- 37 LT Inner Crescent Kick
- 38 RT Reverse Hook Kick

Attacker: RT Front Kick - Solar Plexus  
 Defender: RT Circle Block - RT Foot  
 Attacker: LT Reverse Side Kick - Ribs  
 Defender: RT Knife Hand Block - LT Foot  
           LT Round Kick - LT Vastus Medialis  
           RT Front Heel Kick - RT Rectus Femoris  
           RT Side Kick - LT Fibular Collateral Ligament  
           LT Inner Crescent Kick - RT Temporomandibular Joint  
           RT Reverse Hook Kick - Base Of The Cranium

- 39 RT Vee Punch ..... D2
- 40 LT Knee Thrust
- 41 RT Front Kick
- 42 Ear Clap

Attacker: Advances Head On Without Caution  
 Defender: RT Hand - Tip Of The Mandible  
           LT Hand - Lower Abdominal Area  
           LT Knee Thrust - Solar Plexus  
           RT Front Kick - Ribs  
           Ear Clap - Ears

- 43 Twin Circle Blocks ..... E2
- 44 Double Palm Block
- 45 Hair Grab / Knife Hand / Knee Kick
- 46 RT Palm / Knee Strike

Attacker: Extends Both Arms To Push Defenders Shoulders  
 Defender: Twin Circle Block - Arms  
           Double Palm Block - RT Knee  
           LT Hair Grab - Top Of The Scalp  
           RT Knife Hand - Anterior Neck Region  
           LT Knee Kick - Coccyx

- 47 RT Inside Out Palm / RT Knee Strike ..... A2

Attacker: LT Reverse Punch - Face  
 Defender: RT Inward Palm BLK - LT Hand  
 Attacker: RT Punch - Face  
 Defender: LT Parry - RT Hand  
           RT Palm Heel - Septal Cartilage  
           RT Knee - Groin



48 LT Palm BLK / RT Inverted Side Kick ..... B2  
49 RT / LT Rolling Punch

Attacker: LT Reverse Punch - Face  
Defender: LT Palm BLK - RT Hand  
RT Inverted Side Kick - RT Knee  
RT / LT Rolling Punch - RT Temporomandibular Joint

50 LT Hammer Fist - LT Stomp Kick .....C2  
51 RT Overhand Elbow

Attacker: Grabs LT Shoulder With LT Hand  
Defender: LT Hammer Fist - LT Clavicle Bone  
LT Stomp Kick - LT Tarsus  
RT Overhand Elbow - Suprasternal Notch

52 RT Crossed Hands Block ..... H1

53 RT Back Fist  
54 LT Palm Strike  
55 RT Hook  
56 RT Front Kick  
57 RT Rear Elbow  
58 RT Hammer Fist  
59 RT Forearm Strike  
60 LT Red Palm Strike  
61 RT Hammer Fist

Attacker: RT #2 Front Kick - Solar Plexus  
Defender: RT Crossed Hands Block - Ankle  
RT Back Fist - Temporomandibular Joint  
LT Palm Strike - Tip Of the Mandible  
RT Hook - Temporomandibular Joint  
RT Front Kick - Substernal Notch  
RT Rear Elbow - Sternum  
RT Hammer Fist - Groin  
RT Forearm Strike - Tip OF The Mandible  
LT Red Palm Strike - Heart  
RT Hammer Fist - Temporomandibular Joint

62 LT Side Kick / RT Back Fist .....J1  
63 RT Side Kick / LT Hammer Fist

Attackers: Threaten From Immediate Left And Right Side  
Defender: LT Side Kick - Patella  
RT Back Fist - Anterior Nasal Spine  
RT Side Kick - Patella  
LT Hammer Fist - Septal Cartilage

64 RT Elbow Intercept ..... J1  
65 LT Elbow  
66 RT Elbow  
67 LT Elbow

Attacker: RT Reverse Punch - Face  
Defender: RT Elbow - RT Fist  
LT Elbow - RT Elbow  
RT Elbow - RT Bicep

LT Elbow - Septal Cartilage

- 68 Twin Elbow Strikes ..... K1
- 69 LT Knife Hand
- 70 RT Palm / Knee Strike / Shin Rake
- 71 LT Lunging Knee Strike

Attackers: Threaten From Front And Rear

Defender: Twin Elbow Strike - Tip Of The Mandibles

Rear Attacker:

- LT Knife Hand - Sternocleidomastoid Region
- RT Palm - Temporomandibular Joint
- RT Knee Strike - Anterior Femoral Region
- RT Shin Rake - Tibia

Front Attacker:

- LT Lunging Knee Strike - Solar Plexus

- 72 LT Crossed Hands Block ..... H2
- 73 LT Back Fist
- 74 RT Palm Strike
- 75 LT Hook
- 76 LT Front Kick
- 77 LT Rear Elbow
- 78 LT Hammer Fist
- 79 LT Forearm Strike
- 80 RT Red Palm Strike
- 81 LT Hammer Fist

Attacker: LT #2 Front Kick - Solar Plexus

Defender: LT Crossed Hands Block - Ankle

- LT Back Fist - Temporomandibular Joint
- RT Palm Strike - Tip Of The Mandible
- LT Hook - Temporomandibular Joint
- LT Front Kick - Substernal Notch
- LT Rear Elbow - Sternum
- LT Hammer Fist - Groin
- LT Forearm Strike - Tip Of The Mandible
- RT Red Palm Strike - Heart
- LT Hammer Fist - Temporomandibular Joint

- 82 RT Side Kick / LT Back Fist ..... I2
- 83 LT Side Kick / RT Hammer Fist

Attackers: Threaten From Immediate Left And Right Side

Defender: RT Side Kick - Patella

- LT Back Fist - Anterior Nasal Spine
- LT Side Kick - Patella
- RT Hammer Fist - Septal Cartilage

- 84 LT Elbow Intercept ..... J2
- 85 RT Elbow
- 86 LT Elbow
- 87 RT Elbow

Attacker: LT Reverse Punch - Face

Defender: LT Elbow - LT Fist

RT Elbow - LT Elbow  
LT Elbow - LT Bicep  
RT Elbow - Septal Cartilage

- 88 Twin Horizontal Elbows ..... K2
- 89 RT Knife Hand
- 90 LT Palm / Knee Strike / Shin Rake
- 91 RT Lunging Knee Strike

Attackers : Threaten From Front And Rear  
Defender: Twin Elbow Strike - Tip of the Mandibles  
Rear Attacker:

- RT Knife Hand - Sternocleidomastoid Regio
- LT Palm - Temporomandibular Joint
- LT Knee Strike - Anterior Femoral Region
- LT Shin Rake - Tibia

Front Attacker:

- RT Lunging Knee Strike - Solar Plexus

- 92 LT / RT Weave ..... L
- 93 RT / LT Weave
- 94 LT / RT Weave
- 95 RT Hammer Fist
- 96 LT Knuckle Fist
- 97 RT Long Fist
- 98 Two Finger Strike
- 99 RT Palm Strike
- 100 LT 3/4 Punch
- 101 RT Hook
- 102 LT Rolling Hammer Fist
- 103 RT Arc Hand Strike
- 104 LT Two Finger Spear
- 105 RT Hammer Fist
- 106 LT Verticle Punch
- 107 RT Upset Punch
- 108 Twin Thumb Strike
- 109 RT Spear Hand
- 110 LT 3/4 Punch
- 111 RT Groin Grab
- 112 Twin Knife Hands

Attacker: RT Reverse Punch

Defender: LT / RT Weave

Attacker: LT Reverse Punch

Defender: RT / LT Weave

Attacker: RT Reverse Punch

Defender: RT Hammer Fist - Coronal Suture

- LT Knuckle Fist - Trigeminal Nerve

- RT Long Fist - Septal Cartilage

- LT Two Finger Strike - Eyes

- RT Palm Strike - Septal Cartilage

- LT 3/4 Punch - Anterior Nasal Spine

- RT Hook - Temporomandibular Joint

- LT Rolling Hammer Fist - Tip Of The Mandible

- RT Arc Hand Strike - Anterior Neck Region

LT Two Finger Spear - Esophagus  
RT Hammer Fist - Clavicle Bone  
LT Verticle Punch - Sternum  
RT Upset Punch - Substernal Notch  
Twin Thumb Strike - Ribs  
RT Spear Hand - Solar Plexus  
LT 3/4 Punch - Abdominal Area  
RT Groin Grab - Gonads  
Twin Knife Hands - Fibular Collateral Ligament