

MAUDUDO - LEVEL 6

ADULT BLUE BELT/CHILD BROWN BELT

TIP #1 – STUDENT CREED

TIP #2 - FORM

52. STEP UP RT PUNCH/LT UPSET STRIKE
53. LT DOWNWARD STRIKE WHILE PULLING RT HAND TO HIP
54. STEP 45 DEGREES/RIGHT HOOK
55. LT DOWNWARD PUNCH
56. STEP FORWARD WITH LT LEG AND LT HAMMER FIST - KIHAP
57. CROSS HAND TRAP/CROSS STEP/STEP OUT/KNIFEHAND STRIKE
58. STEP BACK WITH RT LEG/CROSS STRIKE OUTWARD
59. STEP FORWARD WITH RT LEG/RT UPSET PUNCH
60. LT PALM STRIKE HEAD LEVEL
61. LT KNIFEHAND STRIKE SHOULDER LEVEL
62. CLOSE LT HAND TO FIST/PULL TOWARD LT HIP
63. PUSH WITH RT HAND/SHIFT INTO A KNOCK KNEED STANCE

TIP #3 - APPLICATIONS

*KIHAPS REQUIRED ON ALL ATTACKS AND DEFENSES

1. ATTACKER - GRAB DEFENDER'S LT WRIST WITH RT HAND
DEFENDER - USE RT THUMB TO PRESS INTO LUNG OR LARGE INTESTINE ON OUTSIDE OF FOREARM/SLIDE RT HAND DOWN ATTACKER'S ARM GRABBING WRIST AND STRIKING WITH LT FIST TO TRIPLE WARMER ON HINGE OF JAW/ ROLL ATTACKER'S ARM OVER AND USE KNUCKLES TO RUB DOWN INTO GOLGI TENDON
2. ATTACKER - RT PUNCH TO DEFENDER'S FACE
DEFENDER - STEP IN 45 DEGREES WITH RT LEG AND STRIKE WITH SMALL KNUCKLES OF RT HAND TO LUNG OR LARGE INTESTINE ON INSIDE OF ATTACKER'S ARM/PUNCH DOWNWARD TO CONCEPTION VESSEL JUST BELOW CENTER OF BELT/ STEP FORWARD WITH LT LEG WHILE LT HAMMER FISTING TO GOVERNING VESSEL ON TOP OF ATTACKER'S HEAD
3. ATTACKER - RT HAND PUSH TO THE DEFENDER'S CHEST
DEFENDER - CROSS ARMS OVER TOP OF ATTACKER'S WRIST PULLING IN TOWARDS CHEST LOCKING WRIST POINTS /CROSS STEP AND TURN SHOULDERS TO TORQUE POINTS/STEP OUT AND RT KNIFEHAND STRIKE TO GALL BLADDER 20 AT BASE OF SKULL
4. ATTACKER - DOUBLE LAPEL GRAB
DEFENDER - STRIKE WITH BOTH ARMS IN A DOWNWARD MOTION ON LUNG OR LARGE INTESTINE/STEP IN WITH RT LEG WHILE RT UPSET PUNCHING TO STOMACH/ STRIKE WITH LT PALM TO ATTACKER'S FOREHEAD ON GALL BLADDER/ LT KNIFEHAND STRIKE DOWN ON STOMACH JUST ABOVE COLLARBONE
5. ATTACKER - WAVE RT FIST IN DEFENDER'S FACE
DEFENDER - GRAB ATTACKER'S WRIST WITH LT HAND AND TORQUE ON WRIST POINTS/ PULL IN TOWARDS CHEST WHILE PLACING RT PALM ON BACK OF ATTACKER'S FIST AND PUSHING FORWARD ON TRIPLE WARMER

TIP #4(ADULT) - BLUE BELT KICKING COMBINATIONS

1. #2 FRONT KICK
2. #2 OUTER CRESCENT KICK/REPEAT ROUND KICK
3. #2 FRONT KICK/ROUND KICK/#3 SIDE KICK

TIP #4(CHILDREN) - BROWN BELT KICKING COMBINATIONS

1. #2 INNER CRESCENT KICK/JUMP BUTTERFLY KICK/REVERSE HOOK KICK/ROUND KICK
2. #2 FRONT KICK/ROUND KICK/SIDE KICK/JUMP #3 SIDE KICK
3. #1 SIDE KICK/SPINNING HOOK KICK/#3 ROUND KICK/SPINNING OUTER CRESCENT KICK

TIP #5(CHILDREN) – BOARD BREAKING

ONE BREAK WITH HAND TECHNIQUE/ONE BREAK WITH FOOT TECHNIQUE/
FLYING OR REVERSE SIDE KICK

TIP #5(ADULTS)/TIP #6(CHILDREN) - KNOWLEDGE

NAME OF LEVEL: DRAGONS TOUCH **MEANING:** USING PRESSURE POINTS FOR SELF-DEFENSE

MOST IMPORTANT THING WHEN DOING LEVEL 6: ANGLE AND DIRECTION

THREE WAYS TO ACTIVATE A PRESSURE POINT: STRIKE, RUB, PRESS

QUALITY: EMPATHY **MEANING:** PUTTING YOURSELF IN SOMEONE ELSE'S SHOES