

# **MAUDUDO - LEVEL 7 ADULT PURPLE BELT/CHILD FIRST DEGREE BLACK BELT**

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## **TIP #1 – STUDENT CREED**

### **TIP #2 - FORM**

64. UPWARD ARM THRUST WITH RT SHOULDER THROW
65. LT CENTER BLOCK WITH GRAB AND ENTER
66. RT SHOUDLER THROW
67. RT REVERSE KNIFE HAND HIGH BLOCK AND ENTER
68. LT SHOULDER THROW
69. LT CENTER BLOCK WITH LEG WHIP
70. RT HIP THROW/ARM BAR
71. LEFT HIGH/LOW BLOCK
72. BODY STRIKE

### **TIP #3 - APPLICATIONS**

\*KIHAPS REQUIRED ON ALL ATTACKS AND DEFENSES

1. ATTACKER - GRABS FROM REAR IN BEAR HUG  
DEFENDER - UPWARD ARM THRUST WITH SPLIT MIDDLE STANCE/RT SHOULDER THROW
2. ATTACKER - STEPS FORWARD AND THROWS RT PUNCH TO FACE  
DEFENDER - LT CENTER BLOCK/GRAB TO RT WRIST  
PIVOT ON RT FOOT TO ENTER/RT SHOULDER THROW
3. ATTACKER - STEPS FORWARD AND LT HAMMER FIST  
DEFENDER - RT REVERSE KNIFE HAND HIGH BLOCK  
PIVOT ON LT FOOT TO ENTER/LT SHOULDER THROW
4. ATTACKER - RT ARM CHOKE FROM REAR  
DEFENDER - LT CENTER BLOCK TO RT WRIST/RT LEG WHIP TO ATTACKER'S NEAREST LEG  
RT HIP THROW WITH ARM BAR
5. ATTACKER - REACHES WITH BOTH HANDS TO GRAB  
DEFENDER - HIGH/LOW BLOCK WITH LT HAND GRABBING ATTACKER'S RT WRIST  
PULL ATTCKER OFF BALANCE BY JERKING LT HAND BACK  
STEP THROUGH WITH RT LEG AND STRIKE ATTACKER WITH RT TORSO

### **TIP #4(ADULTS) - PURPLE BELT KICKING COMBINATIONS**

1. #2 ROUND KICK/SPINNING CRESCENT KICK/#1 SIDE KICK
2. #3 SIDE KICK/ROUND KICK/SPINNING HOOK KICK
3. #1 REPEAT SIDE KICK/JUMP SIDE KICK

### **TIP #4(CHILDREN)/TIP #5(ADULTS) - KNOWLEDGE**

**NAME:** LEVERAGE **MEANING:** THROWING AN OPPONENT

**MOST IMPORTANT THING WHEN DOING LEVEL 7:** CENTER OF BALANCE

**QUALITY:** LOYALTY **MEANING:** BEING FAITHFUL TO A BELIEF OR IDEA